
CONCENTRATION WITH THE SPIRITUAL EYE

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“When the yogi concentrates long enough with half-open eyes at the point between the eyebrows, and when the gaze is without any restless motion, he will be able to see a steady light surrounded by other, but flickering lights.

He should not be diverted by this glimmering halo of the spiritual eye, but should steadfastly look at the center of the eye until he feels his mind completely absorbed within it. In time, he will see the perfect formation of the spiritual eye: a dark opal-blue globe within a quivering ring of flame.

Gradually, by deep concentration, an extremely brilliant white star occasionally glimmers in the center of the blue. The star is the gateway through which the consciousness must pass to attain oneness with Spirit.

It requires time and calm practice to steady the light of the intuitive astral eye. It takes deeper and longer practice to see the star. It requires greater realization to hold the perception of the star. And it takes mastery in meditation to march the consciousness, valiantly triumphant, through the starry gate of light.

After the devotee is able at will to see his astral eye of light and intuition with either closed or open eyes, and to hold it steady indefinitely, he will eventually attain the power to look through it into Eternity; and through the starry gateway he will sail into Omnipresence.

Progression through the spiritual eye, experienced by advancing yogis, unfolds first the wondrous perceptions of superconsciousness, the region of rays of light out of which all matter evolves. The creative cosmic rays hide like veils the presence of the immanent universal Christ or Krishna Consciousness, the Lord omnipresent in creation.

By deeper concentration and meditation, the spiritual eye of intuition opens, and through the wisdom star the yogi becomes united to the Christ-Krishna Omnipresence; and thence, in deepest ecstasy, he reaches the Cosmic Consciousness of Spirit.

Be not satisfied with anything less than Spirit and the bliss of Spirit. Pay no attention to variations of the inner light, but practice concentration on the light of the spiritual eye. The light of the eye must be used only to look for God, the One whose presence is hidden on the throne of light.”