



# EMPOWERMENT

## ~ MULTIDIMENSIONAL EMERGENCE ~



'Dimensions' are simply states of consciousness that are defined according to the rate in which they vibrate. The rate that something vibrates attracts the reality that is also vibrating at that resonance.

For example, our Earth reality vibrates at a frequency in which energy particles are so densely compacted that things appear solid. The human senses do not generally detect anything beyond material forms.

Denser dimensional realities, like the one we live within, operate under the concepts of linearity and rationalized principles. We keep ourselves bound up by what we see with our eyes and by what we can touch, smell and hear. We are greatly limited by only considering what is logically understood. Rigid, linear existences tend to result in such experiences as conflict, disease, lack and limitation.

In multidimensional consciousness, we live from the knowledge of our interconnectivity. Everything is regarded as equal, because all is one and the same. We understand that our beautiful human self is perfect and whole as a microcosmic reflection of the macrocosmic whole.

In multidimensional consciousness, we can perceive beyond the form and what the human senses are reading to the brain. We open into the higher mind and allowing that higher mind to be the dominant influence in our lives.

Cognition comes from expanded sense perception and through a more finely tuned sensory faculty of a much higher vibration. We are attuned with and receiving from not one, but many aspects of our existence, and from many dimensions of awareness.

Another rigid belief that makes up the human program is the illusion of time. In a linear dimension, time moves in a chronicled direction, from the past, to the present and then to the future. We experience one reality at any given moment.

In multidimensional consciousness, we are not controlled by time; instead, we are empowered through a simultaneous existence. We know that our self as the past, the present and the future all exist right now. Transcending our perceptions about time invariably results in experiences of connectedness, oneness and expanded opportunities.

When we identify and vibrate with expanded awareness, the walls of the box come down and more fluid realities reveal. We develop the ability to be aware of, and operate within, multiple dimensions simultaneously.

#### INVOCATIONS:

Use this invocation every day of the week, preferably in the morning as a way to begin your day feeling empowered as one with your Greater Self. Then, follow up this invocation with one or several affirmations.

#### AFFIRMATIONS:

There is one affirmation for each day of the week to help you remember who you are as a majestic creator being of light, love and tremendous wisdom. Keep affirming your Self as you step into this greater expression of who you really are.

## WEEK 1

# THE EMPOWERMENT OF MULTIDIMENSIONALITY



## INVOCATION

### I AM A MULTIDIMENSIONAL BEING

Through the power of the Unified Field, I invoke a deeper penetration of my being with the transforming light of unity consciousness.

Divine Creator, please accelerate the transfiguration of my human personality to act as a clear channel for my vast multidimensional presence.

Keep expanding my bubble of awareness to consciously experience the totality of my microcosmic Self. Reveal this greater Presence within me now.

May this perceptual shift raise humanity into more realized states of interconnectivity and inspired multidimensional living.

And so it is.

## WEEK 1

### AFFIRMATIONS OF MULTIDIMENSIONALITY



- \* All things in the universe are infinitely interconnected and everything is a representing the larger whole. I am an integral part of this unified field.
  
- \* I am an individualized consciousness that resides inside the body of God, as creation itself.
  
- \* I live from the knowledge of my interconnectivity. My beautiful human self is perfect and whole as a microcosmic reflection of the macrocosmic whole.
  
- \* As a human, I am experiencing myself as the part contained within an all-inclusive whole. I am also the whole containing many parts.
  
- \* My human personality is a channel for the greater mind, which is like a giant web of awareness. I am a collection of many souls.
  
- \* I am attuned with and receiving from not one, but many aspects of my existence, and from many dimensions of awareness.
  
- \* My consciousness exists outside of the physical body, even outside of the physicalized world. It transcends time and space as part of the one quantum mind.

## WEEK 2

# THE EMPOWERMENT OF MULTIDIMENSIONALITY



## INVOCATION

### HIGHER MIND CONNECTION

From the core of my Divine Presence, I call forth the diamond brilliance of my Higher Mind to enter into the deepest regions of my thoughts and feelings.

As this light intelligence permeates my consciousness,

My receptivity to subtle soul impressions is increasing exponentially.

My perceptions are expanding into the planes of pure spiritual power.

My blueprint of perfection is bursting forth in every particle of my being.

Holy Spirit, please clear and empower the pathways of light reaching into every human mind. Inspire maximum connection to the silent wisdom of God in every human heart.

Thy Will be done.

## WEEK 2

### AFFIRMATIONS OF MULTIDIMENSIONALITY



- \* I am molded out of a blueprint of perfection and am innately designed to be intelligent far beyond what the human brain can imagine.
  
- \* I am opening into my higher mind and allowing that higher mind to be the dominant influence in my life.
  
- \* My Higher Mind is the aspect of brilliance that lives with me at all times as the 'voice of conscience'. It has always been there like a guardian angel guiding me like a beacon.
  
- \* Once I put the free willed personality ego into the back seat, the Higher Mind can move into the driver's seat. It can enable me to make decisions with utmost clarity and to know the truth, apart from any rationalization.
  
- \* From this moment forward, I choose to stop all thinking from a thought system that perceives limitation, of any type. I have all that you need within my powerful self as one with my Higher Mind.
  
- \* I am constantly channeling information to create my experiences because I am always in contact with my totality.

## WEEK 3

# THE EMPOWERMENT OF MULTIDIMENSIONALITY



## INVOCATION

### VALIDATING THE HOLISTIC SELF

In the name of All That Is, I invoke a deeper alignment with the truth of who I really am, as an integral aspect of source consciousness.

I invite the light of divine inspiration to pour into every facet of my mind, bringing me into greater communion with my holistic Self.

Beloved Presence, please help me to maintain the highest levels of personal integrity. Ground me in the full understanding of my creative power.

May an ever-expanding awareness of life's many blessings now rain down upon every man, woman and child upon this Earth.

For this and for everything, we give our thanks, dear God.

AUM.

## WEEK 3

### AFFIRMATIONS OF MULTIDIMENSIONALITY



- \* I am attuned with my whole self. I am an aspect of source consciousness, the supreme entity experiencing itself through my physical form.
  
- \* I am made of sacred essence. I am one with Divine Mind. I am divinity through the form. Everything is a blessing. There is no other recognition.
  
- \* It is when I am at one and in coherence with my holistic self in daily communion that I am led down the path of non-stop opening doors.
  
- \* I embody the quality of self-validation. I place high value upon my life and how I am choosing to navigate it in order to learn and evolve.
  
- \* I consistently live the true frequency of my core self by following what inspires me. I live according to my highest preferences.
  
- \* I see only the blessing in all that is appearing in my life. Everything is on purpose and has great meaning for my soul evolution.
  
- \* I am in personal integrity. I understand that I am the creator of my reality. All of my life reflections are mirroring the degree of my holistic integration.

## WEEK 4

### THE EMPOWERMENT OF MULTIDIMENSIONALITY



#### INVOCATION

##### MY ETERNAL MULTIDIMENSIONAL SELF

COME Divine Presence of my being and pour the universal light more intensely through my consciousness now. Help shift my perceptions beyond all human limitation.

EXPAND my higher spiritual senses to their maximum capacity. Assist me in navigating life as an eternal being.

AWAKEN a deeper understanding of my all-inclusive holistic nature. Show me what lies behind the veil of material reality.

Almighty Spirit, please restore the memory of our multidimensional origins to the conscious mind of every person on Earth.

May the joy of existence reveal more profoundly through us all.

And so it is.

## WEEK 4

### AFFIRMATIONS OF MULTIDIMENSIONALITY



- \* I am a unique spark of light that permanently resides within the vast body of universal wholeness. I am complete and perfect just as I am.
  
- \* I am a microcosm of the macrocosm. I am a God creator in the flesh. My consciousness is eternal. Presence is my natural state.
  
- \* I am constantly expanding my ability to see beyond the linear construct. Many of my higher senses are developing.
  
- \* I am within God, and God is within me. God is experiencing Itself through me as a human channel. This is my highest alignment and truth.
  
- \* This greater expression is inside of me, outside of me and everywhere around me. It is the beat of my heart, the air that I breathe, and the visions that I dream.
  
- \* As an eternal expression, I exist and will always exist, changing forms many times. There is only life. My consciousness is vastly interconnected.
  
- \* I am always connected to my all-inclusive holistic nature. I thrive from multidimensional intelligence.



## PERSONAL SESSIONS OF EMPOWERMENT:

For those of you who are interested to go a step further, Sessions of Empowerment are offered each month during the times of the full moon. These are highly transformational experiences to help you embody your greater expression and totality.

All sessions involve DNA and energy reprogramming, healing, clearing and recalibration. The facilitators have also identified special focuses each month to assist the potency of each Empowerment Session.

For more information, please go to [IAMAvatar.org](http://IAMAvatar.org).

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