



EMPOWERMENT

~ ABSORPTION ~



This Empowerment series initiates absorption of your personality body as one with your Greater Self, as expressed through the human form.

One of the most influential initiations on the spiritual path and one that marks a grand turning point in our self-transformation is referred to as 'absorption'. This is when the human personality and the incarnated soul fuse to become one unified entity. It is then that a refined and more soulful personality assumes the dominant position in life and is charged with a great sense of purpose.

Absorption is the stage that we make permanent transition into a life of higher purpose, focused solely in unity consciousness. This is when it will no longer be possible for you to be drawn back into the lower frequencies of divisive programming and ego tendencies for more than brief periods of time.

We make full passage into this unified state when we have completely mastered our human personality including our physical, emotional, and mental natures. We are living with an attitude of equanimity and harmlessness towards all life. It is then that we live completely from the principles of unity and the oneness of all life.

INVOCATIONS:

Use this invocation every day of the week, preferably in the morning as a way to begin your day feeling empowered as one with your Greater Self. Then, follow up this invocation with one or several affirmations.

AFFIRMATIONS:

There is one affirmation for each day of the week to help you remember who you are as a majestic creator being of light, love and tremendous wisdom. Keep affirming your Self as you step into this greater expression of who you really are.

WEEK 1

THE EMPOWERMENT OF ABSORPTION



INVOCATION

MY BODY TEMPLE

In the name of the Holy Spirit, I invoke the consciousness fields that uphold the patterns of perfection for the whole universe.

Assist and empower total holistic purity throughout my entire energy body system now.

Fuse this field of wholeness with the one sacred body of all humanity.

Through your grace, we are one radiating presence of soul liberation

WEEK 1

AFFIRMATIONS OF ABSORPTION



- * God, as Divine Consciousness, is my greater aspect of self that constantly provides me with a template of evolution. My patterns of perfection are all around me.

- * I do not place a priority on my human identity and there is no emotional attachment to my physical form. I recognize my physical body as a sacred temple that houses the Divine Presence.

- * My physical body is pure. The fogs of emotional glamour are dissipating. The illusions of the mind are dissolving.

- * My entire human energy system is spiritualizing. I feel liberated, expanded and peaceful. I am in full acceptance of the divinity inherent in all things. I am openhearted and generous.

- * My human energy system is transfiguring. Through strong commitment and dedication, I am liberating myself completely from duality programming.

- * My consciousness is clearly vibrating above the senses. Bodily desires such as food, sleep, sexual impulses, drugs, addictions and carnal desires do not control me. My human aversions are in moderation and regulated.

- * Total commitment is with the realization of my oneness with humanity to which I dedicate my life in service.

WEEK 2

THE EMPOWERMENT OF ABSORPTION



INVOCATION

MY CLEAR AND COHERENT MIND

In the name of absolute clarity, I invoke the vast awareness of my Greater Self to keep expanding throughout my thoughts and feelings.

As this wave of unifying light floods my consciousness...

True spiritual vision is blessing my mind.

Divine Will is empowering my thoughts.

Rapturous union with my Source is revealing.

Beloved Creator, please establish an ever-expanding radiation of coherent and inspired thought within the global mind.

We are deeply blessed by the knowledge of your Divine Presence.

WEEK 2

AFFIRMATIONS OF ABSORPTION



* My human will is completely surrendered over to a greater Will. I now function from empowered intentions that are firm and unshakable.

* I have control over my mind and thought processes. I do not feel confusion. My thought forms are clear and well defined. If discordant thoughts enter, they are immediately recognized and transmuted.

* My consciousness is rooted and grounded in the qualities of love, wisdom and compassion. I regard everyone as my equal and see the beauty in the eyes of every soul.

* I am pure awareness, the reality that exists behind all creation, that which transcends all human created labels and categorizations.

* I am thinking in wider and more inclusive terms. The desire to serve is strong. A greater creativeness has manifested within me. The lower centers are motivated and impelled by higher impulses.

* I am in direct communication with my Source through a soul-infused personality. I stand in perfect alignment with Divine Presence.

* I am solely focused in Unity Consciousness. My form serves as an instrument through which the group consciousness is functioning.

WEEK 3

THE EMPOWERMENT OF ABSORPTION



INVOCATION

THE EQUANIMITY OF EMOTION

From the power of the void, I call forth a steady flow of Cosmic Peace to permeate all throughout my subtle bodies.

Assist this wave of profound peace to lift me far above the mortal dramas of life while anchoring me firmly upon the Earth in this now moment.

Divine Presence, please strengthen the matrix of unconditional love and equanimity streaming between the heart-minds of all people.

The peace of God is now revealing everywhere.

WEEK 3

AFFIRMATIONS OF ABSORPTION



- * I am standing steady with both feet on the ground. I walk in equanimity, unattached to outcomes and aligned to the spirit of goodwill towards all life.

- * I am well on my way to mastering the program of duality and rising above the pull of matter.

- * I maintain my personal power. I am detached from the dramas of human life. I am in the world but not of it.

- * I do not attach to dramas or get pulled into negative situations. I can maintain inner peace and personal joy in the midst of other people's irritability.

- * I create my future from the now. Therefore, fear is a past program that no longer controls me. I am not experiencing lack, struggle or suffering. I am truly free.

- * It is through compassionate love that I offer myself up in service as a divine channel. I am a bridge that anchors love's magnetic cohesion between all levels of consciousness.

- * Through divine presence, I am able to easily concentrate myself into peacefulness at any given moment. This is living my core.

WEEK 3

THE EMPOWERMENT OF ABSORPTION



INVOCATION

SOUL-INFUSED PERSONALITY

Through the influence of the Unified Field, I invoke vibrational support from the masters of love and wisdom as I transition into greater embodiment of my divine personality.

May this multidimensional tapestry continue to uplift and empower my every thought, word, action and feeling as I move throughout my day.

Beloved Presence, please weave this resonant field of personal mastery into the world consciousness so that we may help each other in unity consciousness.

Thy Will be done.

WEEK 4

AFFIRMATIONS OF ABSORPTION



* My spiritual training is always intensifying and the accumulation of knowledge is rapid. I am able to grasp metaphysical principles.

* I can perceive beyond the form and what the human senses are reading to the brain. I am receiving from many aspects of my existence and from many dimensions of awareness.

* I know that my greater truth is always evolving as I expand into greater dimensions of myself. Therefore, any judgment towards another person and their version of truth is impossible.

* My service to others is expanding. I am highly attuned and extra sensitive to a range of subtle vibratory influences due to my increasing polarization to the Greater Self.

* My human personality and the soulful nature are fused as one unified being. This elevates me into direct attunement with my Source.

* I unequivocally know myself to be pure consciousness, experiencing life in a human body while radiating a force of light that greatly affects every person I meet.

* As I am raised up, all life is raised with me.

* As I evolve my consciousness, my life purpose becomes solely inspired through the guiding light born out of group coherence. This navigation is received telepathically and intuitively through the developed higher mental body of the consciously connected 'group brain'.



PERSONAL SESSIONS OF EMPOWERMENT:

For those of you who are interested to go a step further, Sessions of Empowerment are offered each month during the times of the full moon. These are highly transformational experiences to help you embody your greater expression and totality.

All sessions involve DNA and energy reprogramming, healing, clearing and recalibration. The facilitators have also identified special focuses each month to assist the potency of each Empowerment Session.

For more information, please go to IAMAAvatar.org or cut and past this link into your browser: <http://iamavatar.org/dna-activation-sessions>.

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